



VAN NESS





AQUATIC CENTER (323) 218-7161

POOL HOURS OF OPERATION

JUNE 2- SEPTEMBER 7

Times subject to change without notice

Hours of Operations: Recreational Swim and Lap Swim

 Monday-Friday
 11:00 a.m. - 2:00 p.m.

 Monday-Friday
 3:00 p.m. - 6:00 p.m.

 Saturday & Sunday
 1:00 p.m. - 5:00 p.m.

Lanes subject to availability*

Holiday Hours

Wednesday June 19 POOL CLOSED
Thursday July 4 1:00 p.m. - 5:00 p.m.
Monday September 2 1:00 p.m. - 5:00 p.m.

Slide hours are subject to staff availability*

Admission Fees

CASH ONLY

YOUTH* (AGES 0 - 17) \$ 1.00 ADULTS (AGES 18 - 49) \$ 4.00 ADULTS (AGES 50+) \$ 1.00 PERSONS WITH DISABILITIES (ALL AGES) \$ 1.00

*Each child under the age of 7 must be accompanied by an adult.

The adult must be within one arm's length of the child at all times,

whether on the pool deck or in the water.

Children under the age of 4 must wear a swim diaper.

10:05 a.m. - 10:30 a.m.

10:05 a.m. - 10:30 a.m.

10:35 a.m. - 11:00 a.m.

10:35 a.m. - 11:00 a.m.

11:05 a.m. -11:30 a.m.

11:05 a.m. - 11:30 a.m.

11:35 a.m. - 12:00 p.m.

11:35 a.m. - 12:00 p.m.

12:05 p.m. - 12:30 p.m.

12:30 p.m. - 1:00 p.m.

Admission Passes

CARD/CASH/CHECKS

YOUTH SUMMER SWIM PASS \$10.00

UNLIMITED ENTRIES MAY 27TH - SEPTEMBER 2ND

30 ADMISSIONS

ADULT LAP PASS (AGES 18 - 49) \$88.00

ADMISSION PASS

\$25.00

(YOUTH, ADULTS (AGES 50+), PERSONS W/DISABLITIES)

No refunds or replacement for lost/stolen passes



Registration Dates

AM Classes Sessions 1 & 2

Pre-School Aquatics 1

Water Confidence

Water Confidence

Advanced Beginner

Pre-School Aquatics 2

Pre-School Aquatics 3

Persons w/Disabilities

Intermediate

Beginner

Beginner

 Session 1:
 June 1
 @ 9:00 am

 Session 2:
 June 29
 @ 9:00 am

 Session 3:
 July 13
 @ 9:00 am

 Session 4:
 July 27
 @ 9:00 am

 Session 5:
 August 10
 @ 9:00 am

LEARN-TO-SWIM!

Registration Information



Cost:

Youth Lessons (Ages 3-17 years old): \$10 Adult Lessons (Ages 18+ years old): \$30



Session Dates

	Start Date	<u>End Date</u>
Session 1	June 17	June 28
Session 2	July 1	July 12
Session 3	July 15	July 26
Session 4	July 29	August 09
Session 5	August 12	August 23

Monday -Friday

AM Classes Sessions 3 & 4

Beginner	10:05 a.m 10:30 a.m.
Pre-School Aquatics 1	10:05 a.m 10:30 a.m.
Water Confidence	10:35 a.m 11:00 a.m.
Advanced Beginner	10:35 a.m 11:00 a.m.
Pre-School Aquatics 2	11:05 a.m 11:30 a.m.
Intermediate	11:05 a.m11:30 a.m.
Advanced Beginner	11:35 a.m12:00 p.m.
Pre-School Aquatics 3	11:35 a.m 12:00 p.m.
Water Confidence	12:05 p.m 12:30 p.m.
Persons w/Disabilities	12:30 p.m 1:00 p.m.

PM Classes Sessions 1-5

Adult Beginners	5:05 p.m 5:30 p.m.
Adult Adv/Intermediate	5:35 p.m 6:00 p.m.
Pre-School Aquatics 1	6:05 p.m 6:30 p.m.
Water Confidence	6:05 p.m 6:30 p.m.
Intermediate	6:35 p.m 7:00 p.m.
Beginner	6:35 p.m 7:00 p.m.
Pre-School Aquatics 2	7:05 p.m 7:30 p.m.
Adv. Beginner	7:05 p.m 7:30 p.m.
Pre-School Aquatics 3	7:35 p.m 8:00 p.m.
Swimmer	7:35 p.m 8:00 p.m.











Junior Lifeguards

Monday-Friday 1:00 p.m.-2:00 p.m.

The Junior Lifeguard program allows youth between 9-17 years of age an opportunity to improve their swimming skills, receive basic understanding of water rescue, and beginning first aid skills. Participants will be taken on group field trips & compete against other facilities in a variety of Lifeguard skill races.

Cost \$ 50

Registration:

June 2 @ 9:00 a.m.

Ages: 9-17



Pentathlon Program

Monday-Friday 2:00 p.m.-3:00 p.m.

The Aquatics Division is paying homage to the Olympic Pentathlon, by providing training in 5 signature events . Participants will train in Open Water Swimming, Paddle Boarding, Canoeing, Kayaking, Snorkeling and enhance skills culminating in a competition designed to test the skills they have developed during their training sessions.

Cost \$ 10

Length of Season: June 10-August 17

Must demonstrate Intermediate-Level 4 swimming competency

Dive Team

Monday-Friday 3:00 p.m.-4:00 p.m.



Cost \$ 10

Water Polo Monday-Friday 5:00 p.m.-6:00 p.m. Cost \$ 10



YOUTH TEAM SPORTS

Ages: 7-17

Must demonstrate Intermediate-Level 4 swimming competency

Designed for entry-level competitors', proof of age required at time of registration. Participants will compete in a Department-sponsored league. All meet times and locations will be announced at facility prior to event.

Registration: June 2 @ 9:00 a.m. Season: June 17- August 9



Artistic Swim

Monday-Friday 4:00 p.m.-5:00 p.m.



Cost \$ 10

USA Swim Team

Monday-Friday 6:00 p.m.-7:30 p.m.



Cost \$ 10

AQUAFIT AEROBICS

Tuesdays and Thursdays: 6:00 p.m.-6:45 p.m.

This calorie-burning fitness workout incorporates muscular, cardiovascular and aerobic conditioning. Exercise includes rhythmic activities, muscle strengthening and toning while having fun.

Walk-in:

Adults (ages 18-49) Adults (ages 50+)



Series (10 Classes):

Adults (ages 18-49) \$45.00 Adults (ages 50+) \$35.00

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PRIVATE & SEMI-PRIVATE LESSONS

See Manager for more details & availability.

Private & Semi Private lessons provide personalized instruction for ages 3 and older. Lessons are 25 minutes in length.

Lesson schedule is based on staff availability

Lesson schedule is based on staff availability Must register for a minimum of four lessons.



Private Lessons: 4 private lessons, \$108.00

Semi-Private Lessons (2 students): 4 private lessons, \$160.00





\$4.00



