

City of Los Angeles Department of Rec & Parks  
**Rio De Los Angeles State Park**

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# STRENGTH & CONDITIONING CLASSES

Registration Begins March 4

**\$10 FOR 17 & UNDER**  
**\$60 FOR 18+**

CLASS	DAY	TIME	START DATE	END DATE
(5-9YRS)	TUESDAY	6:00PM- 7:00PM	4/9	5/28
(10-17YRS)	TUESDAY	7:00PM- 8:00PM	4/9	5/28
(5-9YRS)	THURSDAY	6:00PM- 7:00PM	4/11	5/30
(10-17YRS)	THURSDAY	7:00PM- 8:00PM	4/11	5/30
ADULT (18+)	THURSDAY	7:00PM- 8:00PM	4/11	5/30



To register visit:  
[tinyurl.com/riodelareg](https://tinyurl.com/riodelareg)  
 or Scan Below



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