

Lesson Registration

Registration will not be accepted over the phone.
Online registration is available at swimla.org.

Preschool and Tiny Tots: 3 yrs. – 6 yrs. **Youth:** 7 yrs. – 17 yrs.

Adult: 18 yrs. & older

Fees must be paid at the time of registration.

No exceptions. Make checks payable to:

L.A. City Department of Recreation and Parks.

Cash, Check, Money Order, VISA & MASTER Card accepted.

No refunds or transfers unless class is canceled.

No make-ups for participant absences & posted holidays.

Proof of age required for children under 7 prior to registration by birth certificate or passport.

Online & In-Person Registration

9:00am

Session #	Registration	Lessons
Session 1	Sat, Jan. 6	Jan. 6 - Feb. 2
Session 2	Sat, Feb. 3	Feb. 3 - Mar. 1
Session 3	Sat, Mar. 2	Mar. 2 - Mar. 29
Session 4	Sat, Mar. 30	Mar. 30 - Apr. 26
Session 5	Sat, Apr. 27	Apr. 27 - May 24

Youth Lessons	Adult Lessons	Tiny-Tots
\$10	\$67	\$80

Private Lessons
\$108

4 lessons

Lessons are
25 Minutes
in length

Lesson Hours

Tuesday & Thursday

Class Time

Pre-School Aquatics	3:30pm-3:55pm
Water Confidence	4:00pm-4:25pm
Beginner	4:30pm-4:55pm

Wednesday & Friday

Class Time

Advance Beginner	3:30pm-3:55pm
Intermediate	4:00pm - 4:25pm
Swimmer	4:30pm - 4:55pm

Saturday & Sunday

Class Time

Tiny Tots	1:00pm-1:25pm
Adult	1:30pm - 1:55pm
Adaptive	2:00pm - 2:25pm
Private	Inquire w/ Pool Clerk

HEY ROOKIE

— SWIMMING POOL —

WINTER - SPRING 24 | JAN. 1 - JUN. 8

3351 S. Gaffey St. San Pedro, CA 90731

310 - 521 - 9017

Heyrookie.pool@lacity.org

Admission Fees

Admission Prices

Adult (18-49) \$4.00

Youth(0-17) \$1.00

Adults (50+) \$1.00

Person w Disability \$1.00

Lap Pass / Admission Pass

Adult (18-49) \$88.00

Youth(0-17) \$25.00

Adults (50+) \$25.00

Person w Disability \$25.00

All pass sales are final, no refunds or replacements

Pool Closures

TBD Annual Maintenance

Recreational & Lap Swim Hours

Day	Recreational Swim	Adult Lap Swim
Tue - Fri	1:00pm - 3:30pm	10:00am - 3:30pm
Sat & Sun	1:00pm - 5:00pm	1:00pm - 5:00pm

Limited lap lanes during programs

For more information, scan QR codes



LaParks.org



SwimLA.org

Team Sports



Online and In-Person Registration

Jan. 27 | 9:00am

Registration requirements:

Assessment to demonstrate intermediate level swimming

\$10

Swim Team

Tuesday & Thursday | 3:30pm - 5:00pm | Jan. 30 - Apr. 19

Artistic Swim

Tuesday & Thursday | 3:30pm - 5:00pm | Jan. 30 - Apr. 19

Water Polo

Wednesday & Friday | 3:30pm - 5:00pm | Jan. 31 - Apr. 19

Designed for entry-level athletes ages 7-17

Water Exercise

Full Session

\$44 Adult / 18-49

\$36 Adult / 50+

Guest Pass

\$6 Adult / 18-49

\$5 Adult / 50+

8 Classes | 45 Minutes

Aquafit

Tuesday & Thursday | 12:00pm - 12:45pm

Wednesday & Friday | 12:00pm - 12:45pm

The techniques used in shallow and deep water exercise are designed for swimmers and non-swimmers. Water aerobics increases flexibility, balance, stamina, range of motion & provides a cardiovascular workout.

Follow all dates for lessons

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability, and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities.

The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games

City of Los Angeles
Rec & Parks
Citywide Aquatics

