

GLASSELL SENIOR CENTER

3750 VERDUGO RD. LOS ANGELES, CA 90065

MONDAY-FRIDAY 9:00AM-5:00PM

TELEPHONE# (323)550-8809



Chair Aerobics

Exercise and movement class
for seniors

THURSDAYS

1:00 - 2:00 PM

COST: \$5.00 PER MONTH

