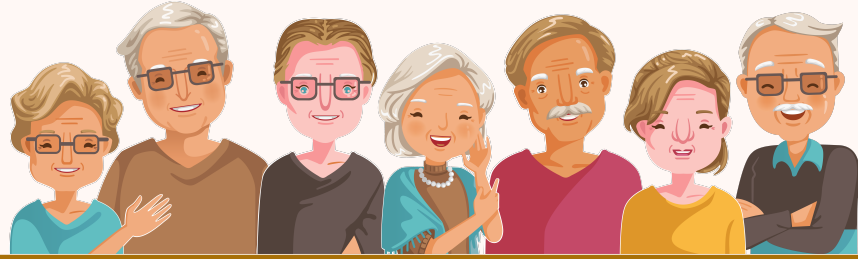


# FELICIA MAHOOD MULTIPURPOSE CENTER

11338 Santa Monica Blvd, LA 90025 | (310)479-4119 | laparks.org/multipurpose/felicia-mahood

## CLASS SCHEDULE 2024



### MONDAY

- 10am** Shakti Naam Chair Yoga
- 11am** Arthritis Foundation Exercise
- 1-3pm** Open Play Pickleball

### TUESDAY

- 10am** Tai Chi
- 10-3pm** Women's Open Card Play
- 10:30am** Basic Computer
- 11:30am** Arthritis Foundation Exercise
- 12:45pm** Beginner Farsi to English
- 2-4pm** Advanced Memoir Writing

### WEDNESDAY

- 10am** Up & Active Exercise
- 11am** Beginner English

### THURSDAY

- 9:30am** Line Dancing
- 10-1pm** Advanced Sewing
- 10-2pm** Drawing & Painting
- 10-3pm** Women's Open Card Play
- 10:30am** Basic Computer
- 11:30am** Arthritis Foundation Exercise
- 1-3pm** Open Play Pickleball

### FRIDAY

- 11am** Memoir Writing for ESL
- 1-3pm** Open Play Pickleball

### MONDAY-FRIDAY

- 10-3pm** Men's Open Card Play
- 11:30-1pm** JFS Lunch Program (60+)
- \*\$3.00 suggested donation*
- \*JFS Transportation to FM available by request at (310) 231-0369*

*\*All classes are 1 hour long unless listed otherwise*



## CLASS PASS

# \$10/MONTH FOR ALL CLASSES CLASSES ARE FOR ADULTS 50+

**\*CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS CAN BE MADE WITH PRIOR ARRANGEMENT.**

