



# ADULT PROGRAMS

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**Recreation Center**  
10943 Herrick Ave. Pacoima, CA 91331



ENGLISH

## WOMENS BOXING AEROBIC CLASSES

9:00AM-11:00AM AGES:18+

» *Saturdays Only*  
» **\$10** / Month

» *Monday / Wednesday / Friday*  
» **\$25** / Month

» *Monday / Wednesday  
Friday / Saturday*  
» **\$35** / Month

## BOXING OPEN GYM

4:30PM-7:30PM AGES: 18+

» *Monday-Thursday*  
» **\$45** / Month

» Open Gym is for the use of the punching bags, weights, and equipment that surrounds the boxing ring.

ESPAÑOL

## CLASES AERÓBICAS DE BOXING PARA MUJERES

9:00AM-11:00AM EDADES:18+

» *Solo Sabados*  
» **\$10** / Mes

» *Lunes / Miércoles / Viernes*  
» **\$25** / Mes

» *Lunes / Miércoles  
Viernes / Sabados*  
» **\$35** / Mes

## GIMNASIO LIBRE DE BOXEO

4:30PM-7:30PM EDADES: 18+

» *Lunes-Jueves*  
» **\$45** /Mes

» Entrada Libre es para el uso de sacos de boxeo, pesas y equipos que rodean el ring de boxeo.

Office: 818-899-1950

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PROGRAMS AND CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.

LAS PERSONAS CON DISCAPACIDADES SON BIENVENIDAS A PARTICIPAR EN NUESTROS PROGRAMAS. SE HARÁN ADAPTACIONES RAZONABLES CON ARREGLOS PREVIOS. LOS PROGRAMAS Y LAS CLASES ESTÁN SUJETOS A CAMBIOS O CANCELACIONES SIN PREVIO AVISO. NO SE EMITIRÁN REEMBOLSOS A MENOS QUE EL CENTRO DE RECREACION CANCELE EL PROGRAMA.